

Reinforcement of Appropriate Behaviour

- Provide the child with positive attention for appropriate behaviour. This can be any desirable behaviour that you want to see increase day to-day (i.e., whenever Jim looks at another person, the person says, "nice looking" or "I love those eyes". Jim has started looking at others more often to get them to talk to him.
- Reinforcement is proven to increase skills and is an important piece of learning.
- Appropriate behaviour examples include looking at another person, listening, following instructions, helping others, cleaning up, doing work, using kind words, patiently waiting, playing nicely, turn-taking, staying calm, using words to communicate needs, sitting at a table, eating meals, washing hands, getting ready for bed and many more.



- The goal is for the child to learn that when they are acting appropriately, they will receive positive attention (this can be in the form of verbal praise, preferred activity with parents, physical attention, and/or social attention).
- It is important that attention is withheld from inappropriate behaviour. This way, the child learns that they will only receive things when they are acting appropriately, and they will not receive anything for inappropriate behaviour. The child will want to act appropriately to get that attention. If the child knows that they can still access attention for inappropriate behaviour, then undesirable behaviours will appear.

101 Ways to Praise a Child

Wow · Way to go · You're special · Outstanding · Excellent · Great · Good · Neat · Well done · Remarkable · I knew you could do it · I'm proud of you · Super Star ★ · Nice work · Looking good · You're on top of it · You're catching on · Now you've got it ☀️ · How smart · Good job · That's incredible · Hot dog · Remarkable job · You're Beautiful · You're a winner · You make me happy · Hip, Hip Hooray · You're important · Magnificent · Beautiful · Fantastic · You're on target · You're on your way · 🌸 How nice · You're Spectacular · You're Darling 💖 · Super · Super job · Beautiful work 🌱 · Good for you · Nothing can stop you now · Dynamite 💣 · You're fantastic · Awesome · You're precious · Fantastic job · You've discovered the secret · Bingo · Great discovery · You are responsible · You are exciting · You are fun 🎉 · You're a real trooper · Marvelous · Terrific · You're growing up · Outstanding performance · You tried hard · You figured it out · What a good listener · You're a treasure · You mean a lot to me · You're a good friend ❤️ · That's correct · A big hug · What an imagination · You learned it right · You're incredible · Now you're flying · Bravo · Beautiful · I like you · I respect you · You're Sensational · Phenomenal · At job · Hooray for you · You're unique · You care · Creative job · You belong · You brighten my day · Super work · That's the best · You made my day · Say I love you! ❤️ · Beautiful sharing · You mean the world to me · You're important · You've got a friend · You're a joy · You make me laugh · You're A-OK-my buddy · I trust you · You're perfect · You're wonderful · A big kiss · Exceptional performance · p.s. Remember, a smile is worth 1000 words!

List of Possible Reinforcers

Social Reinforcers	Classroom based Reinforcers	Activity Reinforcers	Material Reinforcers	Edible Reinforcers
Hi-5's	Class party	Clapping hands	Stickers	<u>Sweets:</u>
Hugs	Computer time	Hide and seek	Bubbles	Candy
Kisses	Choice time	Peek-a-boo	Balloons	Gummy candies
Facial expressions	Feed class pet	Brushing hair	Balloon pump	M&Ms
Wrinkling nose	Play with peer	Tickles	Video	Nerds
Raising Eyebrows	Field trips	Dancing	TV	Starbursts
Back scratch	Leave class 5 min early for lunch	Turning lights on/off	Video games	Skittles
Hand shake	Listen to iPod	Rocking	Stamps	Spree
Winking	Go to counselor's office	Run outside	Mirrors	Mike and Ike
Verbal praise	Earn "money" for rewards	Sand table	Books	Sweet tarts
Smiling	Lunch bunch with teacher	Rice play	Magazines	Rock candy
Singing	Drop lowest grade once per quarter	Bean play	Scents/perfumes	Lollipops
Whistling	Exercise break	Drawing	Play-dough	Chocolate
Back rub	Homework pass	Painting	Puzzles	Chocolate chips
Lotion rub	Art activity	Finger painting	Dolls	Peanut butter chips
Sounds (produced by adult)	Drink of water	Shaving cream play	Stuffed animals	Butterscotch chips
Thumbs up	Student leader	Piggyback rides	Body sock	Candy Canes
Laughing/giggling	Friday cartoon video	Trampoline	Beanbag	Jelly Beans
Cheering	Healthy snack	Play with glitter	Body pillow	Cookies
Shaking Head	Rest	Water play	Blankets	Animal crackers
Tickles	Exercise ball	Manicure	Blocks	Cake Frosting
Deep pressure	Tickets for prize drawing	Squirt bottle tag/play	Toy cars	Ice pops
Squeezes	Read out loud	Bubbles-chase, blow in fan	Trains	Ice cream
Airplane ride (on adult)	Class store access	Story	Plastic toys- animals, people, food	Marshmallows
Horse-ride (on adult)	School store access	Listen to story on CD	Slinky	Toffee
Piggy-back ride (on adult)	Classroom game	Twirl in air	Marble maze	
Predictable play patterns	Tell class a joke	Twirl on spinning chair	Spray bottle	<u>Fruits:</u>
Peer play	Be the teacher	Blankets over head	Cards	Tangerines
	Talk on phone	Stim time	String	Bananas
	Lunch/snack helper	Climbing	Beads	Raisins
	Extra credit	Puppet play	Ribbon	Grapes
	One-on-one time with adult	Dress up play	Comics	Apples

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	Extra recess time	Look at pictures	Yo-yos	Fruit snacks
	Library time	Look at magazines	Pin toy	Fruit roll/fruit leather
	"Star wall" with students names	Wagon rides	Make-up kit	
	Cushy chair/teacher chair	Bike rides	Lotion	<u>Drinks:</u>
	Teacher helper	Scooter board rides	Scented hand sanitizer	Juice
	Choose desk/seating	Sensory/OT room time	Pick-up sticks	Soda
	Draw on whiteboard	Swing	Toy jewelry	Chocolate milk
	Use classroom technology—document cam	String beads	Chap stick	Strawberry milk
	Classroom time keeper	Play indoor game		sports drinks
	Select class activity from list	Play outdoor game	<u>Tactile toys:</u>	Kool-aid
	Select materials from list	Music	Spinning toys	
	Assist with younger students	Suction-cup dart board	Twirling toys	<u>Hard foods:</u>
	Design class bulletin board	Toy car race	Fidget toys	Crackers
	Decorate classroom	Going for walk	Wikki Stix	Pretzels
	Show and tell-bring an item from home	Spin toys	Squish toys	Chips
	Award/certificate	Blow balloons and release	Sticky hand/sticky toys	Cheetos
	Good note home	Pretend play	Theraputty	Doritos
	Work at school store	Take pictures	Bendy toys	Popcorn
	Extra recess time with another class	Whisper secrets/telephone game	Moon sand	Corn nuts
	Select peer to work with on assignment	Musical chairs	Squeeze ball	Cereal
	Line leader	Jump rope	Tangle toys	Chex mix
	Self-graphing	Board game	Spaghetti ball	Snack mix
	Attendance leader	Phone call	Glove	Rice cakes
	Flag raiser/leader	Visit someone special	Slime	Nuts
	Sharpen pencils for class		Gak	Jerky
	Putting away materials		Mars Mud	Raw vegetables
	Collecting materials		Silly putty	
	Watch teacher do something unusual-dress-up, do a dance			<u>Soft foods:</u>
	Principal's helper		<u>Sound producing items:</u>	Yogurt
	Watch event on campus-construction, cleaning		Noise makers	Jell-o
	Visiting another class		Rain stick	Pudding
			Harmonica	Cheese
			Whistle	Peanut butter

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			Bird whistle	Jelly
			Wooden train whistle	Applesauce
			Horn	Mashed potatoes
			Toy instruments	Bread
			Kazoo	
			Rattle	
			Giggle rattle	
			Bubble wrap	
			Velcro	
			Zippers	
			Metal spinning top on hard surface	
			Maraca	
			Animatronic toys	
			<u>Visual Items:</u>	
			Lava lamp	
			Fiber Optic lamp	
			Liquid timers	
			Light-up toys	
			Snow globes	
			Disco ball	
			Mini fan	
			Kaleidoscope	
			Rail twirler	
			Spinning globe	
			Glow in the dark toys	
			Wind-up Toys	
			Animatronic toys	
			Flashlight	